

How Wristwatches Can Change Your Life: A Secret Guide

We often think of a wristwatch as a simple device to tell time or a fashion accessory to complete an outfit. However, in the realm of occult sciences, a watch is much more than that. It is believed that a wristwatch possesses a magnetic vibration that interacts with our body, influencing our conscious and subconscious mind. Because a watch represents the cyclic nature of time, strapping one to your wrist symbolically binds you to the flow of life and the people around you.

By understanding the hidden language of watches, you can select a timepiece that aligns with your personal goals—whether that's advancing your career, improving your health, or finding inner peace.

The Vibration of Colors

The color of your watch dial sets the tone for the energy you attract. It acts as a background vibration for your personality.

- **White:** This color represents a clean slate. A white dial invites acceptance, spirituality, and a humanitarian nature. It is ideal for those who wish to be more adjustable, kind, and peaceful.
- **Black:** Black is the color of authority and boundaries. It signifies boldness and rigidity. People who wear black dials often prefer to work according to their own strict rules, much like politicians or builders.
- **Red:** If you need a boost of energy, red is the answer. It signifies passion, speed, and action. It is perfect for sports enthusiasts or those in action-oriented careers, like the army or firefighting.
- **Golden:** To attract "premium" energy, choose a golden or copper dial. These colors help establish connections with elite circles, government officials, and high-status individuals.
- **Silver:** Silver energy connects to the feminine and maternal side. It fosters a tender, emotional, and caring nature.

Great things in business are never done by one person. They're done by a team of people. *Steve Jobs*

The Vibration of Colors

The geometric shape of your watch plays a surprising role in your daily behavior and well-being.

- **Round:** This is the most common shape, representing the cyclic movement of life. It suggests a balanced approach to daily events.
- **Square:** Surprisingly, a square watch is often associated with physical well-being. It is believed to support good health and helps the wearer become more punctual and organized regarding their diet and routine.
- **Rectangular (Horizontal):** Be mindful of this shape. A horizontal rectangular watch can subconsciously encourage laziness or a desire to stay within one's comfort zone, potentially hindering hard work.

Doing the best at this moment puts you in the best place for the next moment! *Oprah Winfrey*

The Psychology of Straps and Digits

Even the small details, like the strap material and the numbers on the face, convey a message to your subconscious.

- **Leather Straps:** Leather represents skin and warmth. Wearing a leather strap indicates a desire for security and emotional attachment in relationships.
- **Metal Straps:** Metal is cool and durable. It often reflects a "cut and dry" personality where the wearer prefers transactional relationships with less emotional involvement.
- **The Numbers:**
 - **Roman Numerals:** These give off a classic or rigid vibe. They are excellent for people who need to connect with strangers or handle cross-cultural interactions.
 - **Clear Digits (1, 2, 3):** Watches with clearly visible numbers promote clarity in communication. They help the wearer speak plainly and be easily understood.
 - **No Numbers:** A dial with only dashes or dots often belongs to someone with a secretive nature. These individuals may keep things to themselves and rely more on body language than words .

Simple Hacks for Success

ou can use your watch as a tool to "fix" specific areas of your life:

- **For Career Growth:** If you feel overlooked at work, consider a watch with a **large dial**. A

small dial can shrink your presence, while a larger dial (covering 60-90% of your wrist) helps attract recognition and authority.

- **For Focus:** To achieve a singular, major goal—like passing an exam or getting married—wear a watch that only displays the number **12**. This focuses your energy on the “top” priority.
- **For Organization:** If you struggle with planning, use a watch that displays the **date or calendar**. This small feature forces your mind to be more organized and structured.
- **The Golden Rule:** Never keep a stopped or broken watch in your house. A stopped watch represents stopped time, which can stagnate your career, finances, and personal growth.

By consciously choosing a watch that reflects the life you want, you can tap into these subtle energies and steer your life in a new, positive direction.